The role of 'Internationals' on this training Internationals are participants who live anywhere outside Nepal. We are delighted to announce that there are 15 places available for Internationals who want to support Nepalese national dialogue after the violent conflict and practice NVC in difficult situations together with senior CNVC trainers.

## The Trainers

Shantigarbha (UK), Kirsten Kristensen (Denmark), Chris Rajendram (Sri Lanka), Duke Duscherer (USA)

## Organizers

The Nepalese NGO Pro Public (www.propublic.org) supported by ZFD/GIZ Nepal (www.giz.de/en).

## Dates

17-24th December, 2014

## Location

A training centre just outside the Kathmandu Valley (probably Dhulikhel Lodge Resort: http://dhulikhellodgeresort.com/ )

## Description

Since the decade-long violent conflict between Maoist groups and the state ended in 2006, Nepal is trying to come to terms with the past while working towards a peaceful future. Nearly 15,000 people lost their lives during the violence and more than thousand people were made to disappear. Numerous others were harmed or displaced. Either directly or indirectly, the violence touched the lives of many. Last May, the government passed an Act to establish a Commission on Enforced Disappearances and a Truth and Reconciliation Commission in order to bring about truth, reconciliation, and justice in society. The Act, however, continues to draw criticism from victims organizations, human rights groups, and the United Nations. As yet, neither one of the commissions have been set up. In tens of villages across the country local reconciliation processes have already been initiated, for example by ex-combatants and host community members, but their scope remains limited. Recognizing that healing and reconciliation are the foundation of any sustainably peaceful society, this training aims to contribute to peace in Nepal by helping participants meet their own needs for healing, reconciliation, joy, connection, and harmony. The training will also increase the skills of the participants, including persons directly involved in the peace process of Nepal, to support healing and reconciliation in and between others in their own families, communities, and constituencies.

## The Nepalese Participants

There are 35 places for participants from Nepal. These will include (a) politicians e.g. conveners of the Local Peace Committees who will play crucial role once the Truth and Reconciliation Commission process kicks off, party members, (b)
conflict victims, (c) 'peace service providers' like mediators, dialogue facilitators, and (d) other persons with NVC skills.

## Accommodation charge for Internationals

With arrival on the 17th and departure on the 25th, total cost for eight nights: single room 439 Euro, sharing a double room 400 Euro. Participants arriving on the 17th in KTM, should be aware that travelling to the venue will take about 2-3 hours depending on traffic. These prices include transport, food, lodging, and stationery, to be paid to Pro Public during welcome/registration on the 17th or via international bank transfer. For questions regarding the latter payment option or other logistics, please contact event coordinator Babu Ram Poudel at: baburam.propublic@gmail.com

## Tuition fee for Internationals

Participants from Nepal are being sponsored via the Nepalese NGO Pro Public by ZFD/GIZ Nepal. GIZ is Deutsche Gesellschaft für Internationale
Zusammenarbeit : http://www.giz.de/en/ These funds are not available to sponsor 'Internationals'. Tuition fee for Internationals: 300 Euro. Early Bird (before Oct 14th): 250 Euro. If you really want to come and it is difficult to imagine finding this fee, please get in touch with Sophie (see below).

## Applications for 'Internationals'

To register and pay your tuition fee contact Sophie Docker: info@seedofpeace.org

Online registration form here: http://goo.gl/forms/ksMdFc9tw0

## Application for Nepalis

To apply for this training, please contact the event coordinator Babu Ram Poudel: baburam.propublic@gmail.com Out of all the Nepalese applicants Pro Public will make a final selection, considering the overall composition of the group and the limited places available.

## Weather

December is a winter month in Nepal. The temperature fluctuates between $-5^{\circ} \mathrm{C}$ in the night to $20^{\circ} \mathrm{C}$ in the day. Make sure to bring lots of layers and warm clothing.

## The Trainers

## Shantigarbha, UK

"My first connection with Nepal came through my interest in Buddhism - I visited Lumbini, the birthplace of the Buddha, in 1988. Since 1996 I was ordained into the Triratna Buddhist Order. Now that I share Nonviolent Communication it seems natural to share it with my Indian and Nepali friends. In recent years I've shared NVC in various conflict areas including Sri Lanka and the West Bank. My
heart grows in love and compassion through attending these events.
When I was a child, I wanted to change the world. As a young adult I learned that to change the world, I needed to change myself. I love the way that NVC supports me to move smoothly between self-development, communication skills and social change."
For more information about Shantigarbha and his trainings, visit www.SeedofPeace.org

Kirsten Kristensen, Denmark
"I live in Odense, Denmark and work as a family therapist, supervisor, mediator and CNVC certified trainer. I worked for 20 years with economics and production planning, along with taking trainings in self-development and meditation. Since 1994 I've devoted my working life to support others in personal development. In 1998 I met Marshall and Nonviolent Communication and found that NVC was adding a very deep and life changing dimension to my work as a therapist, especially in how we develop more competence in our relationships. Having spent more than 100 days together with Marshall, I'm a big fan of the the way he lived and shared spirituality. In 2004 I served as a trainer on an IIT (International Intensive Training) for the first time, and since then I have shared NVC internationally. I lead year-long NVC trainings in three countries and serve as a consultant and supervisor for institutions and organizations. I also publish NVC books in Danish. My passion is supporting the healing in each of us that will allow NVC communities to thrive, and contributing to us having the skills to go closer to conflicts and serve as a third side. Since 2008 l've been serving as a mentor for several people working towards certification."
For more information about Kirsten and her trainings,
visitwww.kommunikationforlivet.dk
Christlin Rajendram, Sri Lanka
"Christlin Parimalanathan Rajendram is my full name. Born in 1943 in Batticaloa on the East Coast of Sri Lanka, as fourth of the 8 children, I joined the Jesuit Religious Order in 1960 was ordained a Priest in 1973. Met Marshall Rosenberg in 1996 and Nonviolent Communication gave me a new perspective on all that I was doing, especially my spiritual path. Learned to look at my life and the lives of others in a new light. I am enjoying my learning and sharing. When you don't want to change, everything changes. When everything is falling apart, it is all falling into place......there is nothing to throw away and nothing to discard... everything makes sense, whole."

## Duke Duscherer (USA)

I am a Certified Trainer with the International Center for Nonviolent Communication and am on the Board of Directors for the MK Gandhi Institute for Nonviolence in Rochester, NY., USA. I have had the honor and privilege of facilitating learning in Restorative Circles and Nonviolent Communication around the world with a depth and breadth of peoples and communities from small villages at the grassroots to governmental leaders at the United Nations on four
continents.
In addition to working throughout N. America I continue to travel to places in the world where people have been trying to resolve differences through violence, and where people have been struggling to hold onto the humanity of themselves and their neighbors when dealing with the challenges of everyday living. I have worked with youth in Sri Lanka who have seen their lives torn apart by war; communal harmony workers and UNHCR staff in Pakistan; social welfare staff of the Islamic government of Iran; community extension and peace workers in Nigeria; among others. I taught about restorative practices and reconciliation at the European Peace University in Austria, the World Peace Academy in Switzerland, and Hacetteppe Peace Studies Program in Turkey. It is a thrill for me to work with people from a variety of backgrounds, cultures, and religions, to learn from their rich experiences, and to support all of us in creating understanding and seeing each other in ways that generate peace, harmony and connection.
For more information about Duke, visit http://www.gandhiinstitute.org/who-we-are/board/duke-duchscherer

